



CHOOSE YOUR ADVENTURE

May - Double H Hole in the Woods
Lake Luzerne, NY

Choose Your Adventure weekend is newly designed to delight both the outdoor activity enthusiast, and the less adventurous, creative spirits. The weekend will offer a choice of activities including: horseback riding, crafts, whitewater rafting, gentle water aerobics in the heated pool, high and low ropes, reiki, aromatherapy, beginner hiking, and more. As always, evenings will be filled with great food, fellowship, and FUN.

SUN & SAILING WEEKEND

June - Camp Quinipet
Shelter Island, NY

Activities planned for this sun-filled weekend include exercise, crafts, kayaking in the Mashomack Nature Preserve, sailing instruction, and an exciting nautical excursion. Or you can simply relax on a beautiful crescent beach. In case of rain, quaint shops abound in Greenport, just a short ferry ride away.

"IT'S ALL ABOUT ME" WEEKEND

September - Camp Kresge
White Haven, PA

The Pocono Mountains make a wonderful backdrop for this mind, body, and spirit weekend. Programming includes spa day (massages, haircuts, manicures, etc.), wellness activities (Reiki, yoga, reflexology), craft and art workshops and our traditional Karaoke/Dance night! **We are having a special 10 year anniversary gala dinner at this camp. Don't miss this fabulous celebratory weekend of Bravehearts sisterhood!**

ADIRONDACK WEEKEND

October - Double H Hole in the Woods
Lake Luzerne, NY

Campers will enjoy a special weekend on the grounds of Paul Newman's camp for critically ill children. Crafts, Halloween costume party, nature hikes, and other special surprises await in the glorious Adirondack Mountains during the height of the foliage season.

*Camp Bravehearts offers four different weekends a year. Choose the one (or all) that's right for you!
Space is limited and admittance is on a first-come, first-served basis.*

Please detach the form and mail with non-refundable camp fee for each camp attending.

(your check will be returned if you are not accepted into camp)

** Please note: Confirmation will be sent via email unless regular mail is requested.*

Please mail this form and your payment to:

Camp Bravehearts, Inc., 19 Cambridge Street, Albany, NY 12203

- CHOOSE YOUR ADVENTURE April 30-May 2, 2010
 SUN & SAILING WEEKEND June 24-27, 2010
 "IT'S ALL ABOUT ME" WEEKEND August 27-29, 2010
 ADIRONDACK WEEKEND October 8-11, 2010

(Please check the box for each camp attending)

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ * Email _____

Type of Cancer _____ Date Diagnosed _____ In treatment now? (circle one) YES NO

Number of camps attending _____ X \$100/\$75.00 = \$ _____ (total due with this form)

** Please note: Confirmation will be sent via email unless regular mail is requested.*